

## FILL THAT GAP....

Have you wanted to fill that gap!

Dental Implants are an alternative to false teeth or a bridge (false teeth that are fixed on to your adjacent natural teeth.

The implants are tiny titanium screws that support replacement teeth. The tiny screw fits directly in to the jaw bone and holds the false teeth. If the dental implant is looked after properly and your oral hygiene is maintained they can last for the rest of your life.

There are various stages of the implant process all of which will be discussed at the consultation with Dr Neil Kotecha or Shilpi Rattan.

Implants can give you the confidence to smile again.

Smile and the whole world smiles with you!

## WHITENING

So, you would like whiter teeth?

Tooth whitening is one of the additional services that we offer in the practice.

Stained and discoloured teeth can be a thing of the past.

Tooth home whitening - Home tray whitening system where you use bespoke plastic trays for your teeth with gel (The dentist will prescribe the whitening gel for you) at home for up to two hours a night.

For £425.00 you will receive the trays and three syringes of gel and a bright white fresh smile.

Call reception and book your whitening appointment now!

## DID YOU KNOW.....

Eating too many sugary desserts, sweets or drinking too many sugary drinks can increase your risk of having a heart attack.

Most adults and children in the UK eat too much sugar.

Nutritional labels often tell you how much sugar a food contains.

There are different types of added sugars ie sucrose, fructose, maltose, molasses, invert sugar and corn sugar.

By reducing the level of your sugar intake you are helping to reduce the risk of a possible heart attack and also reducing tooth decay.